

Children's Division

Placement is at the discretion of the Instructor and is subject to change.

BALLET 2A

Age: 10-11 Color: Red Classes per Week: 2
For dancers that have completed Level 1A and 1B or have had two previous years of ballet. Supplementary class recommended.

BALLET 2B

Age: 11-12 Color: Burgundy Classes per Week: 2
Pre-pointe work is incorporated so that the dancers who have completed this level are ready to move on to pointe the following year. Supplementary class highly recommended.

Pre-Professional Division

Placement is at the discretion of the Instructor and is subject to change.

BALLET 3A

Age: 12-13 Color: Lilac Classes per Week: 3
For dancers who have successfully worked through the syllabus thus far and are ready to begin first year pointe work. Supplementary class recommended.

BALLET 3B

Age: 13-14 Color: Purple Classes per Week: 3
Greater use of pointe work during technique class. Dancers must achieve a high attention to detail and strength to move on to the next level. Supplementary class required.

BALLET 4A/4B

Age: 14+ Color: White/Grey Classes Week: 4/5
Most classes incorporate pointe work. This level is for dancers who aspire to pursue dance at a higher level. Supplementary class required.

Dress Code

Attire

Note: All dancewear should be clean and free of holes.

Leotard Color: Solid Black for all levels

(At Saturday rehearsals dancers may wear any color)

Leotard Style: Camisole, Tank, Cap or Long Sleeve

Skirts: Level 3A and above may wear skirts in pointe class

Waist Bands: Appropriate Level Color

Tights: Pink Footed

Shoes: Pink leather or canvas slippers. Elastics must be sewn on and drawstrings tied, cut and tucked under.

Warm-Ups: Appropriate warm-ups include; any knit ballet warm-up or solid color sweat pants, T-shirts, sweatshirts, or yoga pants. Warm-ups are not allowed during class unless authorized by the instructor. They can be worn prior to class while warming up and between classes to stay warm.

Men's Attire: White T-shirt with black tights and shoes.

Adult Attire: Comfortable form fitting clothing that allows movement and enables the instructor to see the body easily.

Hair

Dancers in level 1B and above MUST have their hair in a bun for class and rehearsal. Bangs should be secured away from the face with no wispies. Use hairspray or gel if needed.

How to Do a Bun: Begin by putting hair in a ponytail, then twist the ponytail so the hair is wound tightly and begin wrapping it around the rubber band. Insert bobby pins as you wrap the hair. Once secured place a hairnet over the bun and secure it to the bun with bobby pins.

Jewelry

Allowed: Small Earrings and Rings

Not Allowed: Necklaces, Bracelets, Anklets, Watches

Classroom Etiquette

Prior to Class

Dancers should arrive at least 10 minutes prior to class and begin warming up. Dancers should be ready for class on time with hair done and in the proper attire.

Entering the Studio

If entering the studio after class has begun, the dancer should approach the instructor and tell him/her why they are late. If more than 15 minutes late the instructor may ask the dancer to observe the class rather than join. No street clothes are allowed in the studio...warm-ups only.

During Class

Dancers should always raise their hands before speaking in class. Dancers should refrain from talking, yawning, leaning on the barres or sitting down while class is in session. Absolutely no gum allowed!!!

Exiting the Studio

A dancer should never leave the studio while class is in session. However, if there is an absolute necessity, the dancer must ask the instructors permission before departing. Dancers, please use the restroom before coming to class.



Children's Division



Classes offered a variety of days and times.

CREATIVE MOVEMENT

Age: 4-5 Color: Light Pink Classes per Week: 1

Dancers learn light technique, proper arm and feet positions with emphasis on musicality.

PRE-BALLET

Age: 5-6 Color: Fuchsia Classes per Week: 1

Dancers begin using the barre, build basic terminology and technique.

BALLET 1

Age: 6-7 Color: Light Blue Classes per Week: 1

Dancers use the barre, learn basic terminology and more advanced technique.

BALLET 1A

Age: 7-8 Color: Turquoise Classes per Week: 1

Classical dance for the beginning dancer, high emphasis on proper execution of the steps.

BALLET 1B

Age: 8-9 Color: Royal Blue Classes per Week: 1

Classical dance for the semi-experienced dancer. Dancer must have some previous ballet training.

Attendance Policy

Regular attendance is important for maintaining the proper pace and development of a dancers technique. If a dancer is going to miss a class please tell the instructor as soon as possible so he/she can be prepared for that absence. Without notifying the instructor the absence will be considered UNEXCUSED and the dancer will not be able to take a Make-Up class.

Make-Up Classes

Make-Up classes are taken by dancers who have missed a class due to illness, injury, family emergency, school functions, or have previously notified the instructor.

Sessions & Holidays

Session 1 runs September 13th through December 18th.

Session 2 runs January 10th through May 21st.

Thanksgiving Break is November 25th through 28th.

Winter Break is December 19th through January 9th.

Spring Break is March 21st through March 26th.

School Closures

In severe weather Mankato Ballet Company may close the school. MBC closes when District 77 (Mankato Public School) has also closed. To verify if classes have been canceled please check your email as we send out email notifications of closures.

Addressing Instructors

At Mankato Ballet we address our instructors by adding Miss, Ms. or Mr. to the instructor's first name. This is a sign of respect and should be used by all dancers when addressing an instructor at the studio.

Class Schedule

MONDAY

Pre-Ballet 3:15-4:00
Ballet 1B 3:45-4:45
CM 4:00-4:45
Ballet 1A 4:45-5:45
Ballet 3A/3B 4:45-6:15
Ballet 4A/4B 6:15-7:45
Pointe 4A/4B 8:00-9:00

WEDNESDAY

CM 2:45-3:30
Adv Modern 3:30-4:45
Intro Modern 4:45-5:45
Intro Jazz 5:45-6:45
Adv Jazz 6:45-8:00
Teen/Adult 6:00-7:00
T/A Pointe 7:00-7:30

FRIDAY

Sampler 4:00-5:15
Ballet 4/5 5:15-6:45

SAMPLER

This Supplementary Sampler offers dancers the chance to try several types of dance. Classes alternate between Pilates, Conditioning, Lyrical, and Jazz.

MODERN

Modern dance attempts to unify the body instead of as separate parts. Modern dance technique explores strength and flexibility development, movement expression, improvisation skills, and creativity.

TUESDAY

Ballet 2A 4:15-5:30
Ballet 2B 5:30-6:45
Ballet 3A 5:30-7:00

THURSDAY

Ballet 3A 6:00-7:00
Ballet 4A/4B 7:00-8:30

SATURDAY

Pre-Ballet. 9:45-10:30
Ballet 1 10:30-11:15
Ballet 2A/2B 11:15-12:30
Ballet 3B 12:30-1:30
3B/4A/4B 1:30-3:00

TEEN/ADULT BALLE

The Teen/Adult Ballet class is for teens and adults that wish to learn the basics of ballet. Individuals who had several years of ballet in the past and are interested in renewing their love of ballet are welcome.

JAZZ

Jazz is the study of dance and music of popular culture emphasizing strength, style, and flexibility. Jazz technique explores rhythm, musicality, body isolation, and emotional release through physicality.

☞ Performance Make-Up ☞

Dancers should come to the theater with their makeup already applied. All dancers should have on blush, lipstick, and mascara. Dancers in 2A and higher should also have on eyeshadow and eye liner.

☞ Performance Info ☞

- Dancers should arrive at the theater in their tights and leotard.
- They should NOT have on underwear for the performances.
- They should arrive with their hair done properly unless there is a special hairstyle that will be done for them backstage.
- Dancers may bring a snack, but will not be allowed to eat while in costume. Please do not bring any colored beverages!

☞ Tuition Policies ☞

There is an annual non-refundable \$25.00 registration fee per family that is due at the time of registration regardless of what point in the year the dancer is registered.

Dancers are enrolled on a per session basis. Once enrolled in session 1 we assume dancers will continue into session 2 after the holiday break. However, if the dancer wishes to withdraw at break, the parent needs to notify the instructor and accountant. Once a dancer has begun classes in a session, the family agrees to pay tuition for the remainder of the session.

Tuition is due on the 1st day of each month and is late if not received by the 5th of the month. A \$15.00 late fee will be added to your monthly installment if payment is not received by the 5th.

We encourage families to take advantage of our auto pay option. Forms are available in the office and on the website that will allow our accountant to draft your account on the 5th of each month. This ensures you will never have a late fee and is a service enjoyed by many of our families.

☞ Performance Etiquette ☞

Rehearsals

Rehearsals can be a stressful time for the choreographer as well as the dancers. There is always a lot going on, so it is very important for the dancers to be focused and pay attention to instructions.

Dancers should always come to rehearsal on time and prepared to dance with their hair done and in the proper attire. They should be respectful of the choreographer, costumers, stage crew and other dancers in the production.

Back Stage

Back stage can be a dangerous place for dancers if they aren't paying attention. Dancers should always go straight to their assigned areas when arriving at the theater and remain there until they are called to the stage. Once on stage, the dancers should be quiet and pay attention to their surroundings to assure a safe and fun performance.

Dancers are never allowed in the auditorium while a show is in progress. They should remain in their dressing areas until the show is over and will be supervised the entire time.

Costumes

For many of MBC's performances the costumes belong to the studio and are used in later productions. Because of this, we ask the dancers to be careful with their costumes. All costumes should be returned to the hanger after each show. Costumes should NEVER be found on the floor and dancers should NEVER eat or drink while in costume. (Water is always allowed.)

Nutcracker

The Nutcracker is an MBC tradition. Each year MBC puts on 3-4 performances of the Nutcracker over the weekends leading up to Christmas.

Performance opportunities are for dancers of nearly every age and MBC welcomes any dancers that want to participate in the performance.

Dancers that want to perform can sign up as early as the summer before Nutcracker and registration continues through the first two weeks of the fall session. After that time the Nutcracker is cast and dancers will be notified of their parts.

Casting is always done by the choreographer and is final. Dancers that have been cast are expected to attend rehearsals that are in addition to their scheduled class times. Dancers and parents should take that into consideration before signing up to participate.

Dancers that miss more than two rehearsals may be removed from the performance.

All dancers that agree to be in the Nutcracker will be asked to pay a performance fee. This is due at the time of registration and will be used to purchase, alter, and/or clean your child's costume.

There are many backstage opportunities for parents at all these performances and we encourage you to sign up to help. Only parents that have signed up for a backstage duty will be allowed backstage.

Spring Performance

The Spring Performance marks the end of another successful year of dance. The concert includes all dancers in all levels of the school. Usually there is a story or theme to this concert that changes each year.

Each class will learn a dance that incorporates many of the things they have learned during the year. These dances are worked on during their scheduled class times and are usually started at the beginning of the second session.

For most dancers, there will be few if any extra rehearsals. The choreographer may call a full studio dress rehearsal the weekend prior to the performance to be sure everything is ready and everyone is prepared to go on stage.

There will be a performance fee for each dancer. This is due at the beginning of the second session and will be used to purchase, alter, and/or clean your child's costume.

Parent volunteers are a necessity for the Spring Performance. Sign up sheets will be posted at the studio, so please sign up for a duty if possible. Only parents that have signed up for a backstage duty will be allowed backstage.

The Mankato Ballet Company

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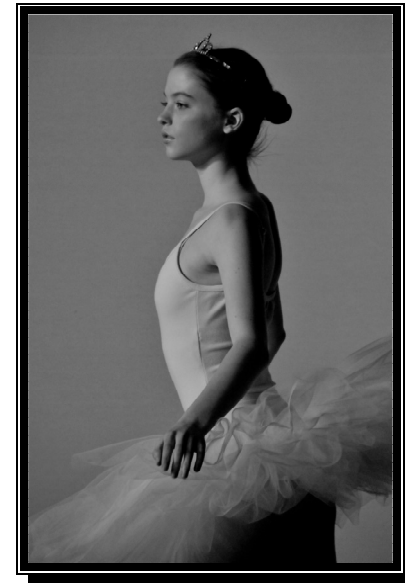
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www.mankatoballet.com

MANKATO
BALLET
COMPANY

School Handbook

*Policies * Classroom Etiquette * Level Descriptions*



Welcome to the
Mankato Ballet Company's
2010 – 2011 Season

www.mankatoballet.com